

## A SURVEY OF PHYSICAL EDUCATION FACILITIES IN THE GOVERNMENT COLLEGES (MEN AND WOMEN) IN N.W.F.P.

MUHAMMAD JEHANGIR KHATTAK and MUHAMMAD ASLAM BHATTI

Department of H.P.E, Gomal University, Dera Ismail Khan.

ABDUL WAHEED MUGHAL

Director of Sports, Quaid-e-Azam University, Islamabad.

### ABSTRACT

A survey was carried out to assess the facilities of Physical Education in the colleges of NWFP, through a questionnaire concerned with certain standards and principles, out of which 30 responded. The report reveals that out of 30 colleges 12 have facilities for play ground, one has got a swimming pool, nine have track & field, two have gymnasium, nine have locker & shower facilities, fifteen colleges teach physical education as subject at Inter level, thirteen colleges have strong room for the protection of equipment, five have residential facilities, twelve colleges conduct medical check up of the students, fifteen colleges conduct physical efficiency Test, NCC training is given in 21 colleges, scouting & civil defence training is given in five & two colleges respectively. The main point is that most of the colleges lacked the basic facilities like gymnasium, swimming pool & , space, equipment, research tools and accessories etc.

### INTRODUCTION

At present physical education programme is not in the desirable position in the Government Colleges of N.W.F.P. However, research in the field of Physical Education is becoming increasingly important and students in the professional colleges today are able to find methods needed to place physical education in a truly defensible position. To obtain this position the needs, interests and abilities of the college students in different fields should be taken into consideration and adequate facilities