

## STUDIES ON THE EFFECT OF SULPHASALAZINE (SASP) ON THIOLS

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### ABSTRACT

Intracellular thiols (LSH) and plasma thiols (PSH) are thought to have an important role in inflammation by protecting against damage to the tissues by oxygen derived free radicals. In the present investigation sulphasalazine (SASP) was added to red cell lysate, solutions of glutathione (GSH) and albumin (AI-SH) and incubated for 1 hour *in vitro*. It was observed that thiol (LSH) present in the red cell was the main target of the action of SASP. It was also found that SASP has no effect on glutathione and albumin under these conditions. This early change in red cell thiols on addition of SASP suggests a possible mode of action of this drug.

### INTRODUCTION

Salicylazosulphapyridine or sulphasalazine [2-hydroxy 5-[(2-pyridinyl) amino] sulphonyl] azo] benzoic acid or salazopyrin (SASP), was first introduced by svartz in 1941 [1] from studies on a series of sulphonamide derivatives of the salicylates. SASP is an acid azo compound of 5-aminosalicylic acid (ASA) and sulphapyridine (SP) with the structural formula, Fig. Sulphasalazine (SASP) has recently re-emerged as a "second line" drug which alters laboratory indices of inflammation [2]. It is unclear whether it is the SASP, or 5-ASA or one of their metabolites which is the active agent. However, it has been postulated that SASP has an affinity for connective tissue and thus has the ability to deliver its active ingredients to the required sites [3].

Thiols in whole Blood is distributed in several fractions: erythrocyte and plasma. Glutathione is the major component of intracellular free thiol. It is thought to be important in the protection of tissue damage caused by oxygen derived free radicals (ODFR) involved in the inflammatory process [4,5]. In plasma, most of the thiol(-SH) groups are on albumin which plays